

Sheet1

Name of drink	Size (mL)	Caffeine (mg)
5 Hour Energy	60	Equivalent of a cup of coffee
Amp Energy (Original)	710	213
Amp Energy (Original)	473	143
Amp Energy Overdrive	473	142
Amp Energy Re-Ignite	473	158
Amp Energy Traction	473	158
Bawls Guarana	473	103
Bawls Guarana Cherry	473	100
Bawls Guarana G33K B33R	296	80
Bawls Guaranexx Sugar Free	473	103
Beaver Buzz Black Currant Energy	355	188
Beaver Buzz Citrus Energy	355	188
Beaver Buzz Green Machine Energy	473	200
Big Buzz Chronic Energy	473	200
Bookoo Energy Citrus	710	360
Bookoo Energy Wild Berry	710	360
Cheetah Power Surge Diet	710	None?
Frank's Energy Drink	500	160
Frank's Energy Drink Lime	250	80
Frank's Energy Drink Pineapple	250	80
Full Throttle Unleaded	473	141
Hansen's Energy Pro	246	39
Hardcore Energize Bullet Blue Rage	85.7	300
Hype Energy Pro (Special Edition)	355	114
Hype Energy MFP	473	151
Inked Chikara	473	151
Inked Maori	473	151
Jolt Endurance Shot	60	200
Jolt Orange Blast	695	220
Lost (Original)	473	160
Lost Five-O	473	160
Mini Thin Rush (6 Hour)	60	200
Monster (Original)	710	246
Monster Assault	473	164
Monster Energy (Original)	473	170
Monster Khaos	710	225
Monster Khaos	473	150
Monster M-80	473	164
Monster MIXXD	473	
Monster Reduced Carb	473	140
NOS (Original)	473	200
NOS (Original)(Bottle)	650	343
NOS Fruit Punch	473	246.35
Premium Green Tea Energy	355	119
Premium Iced Tea Energy	355	102
Premium Pink Energy	355	120
Red Bull	250	80
Red Bull	355	113.6

Sheet1

Red Rain	250	80
Rocket Shot	54	50
Rockstar Burner	473	160
Rockstar Burner	710	239
Rockstar Diet	473	160
Rockstar Energy	710	239.98
Rockstar Juiced	473	160
Rockstar Juiced Pomegranate	473	160
Rockstar Punched	710	239
Rockstar Roasted Coffee & Energy Light Val	444	150
Rockstar Roasted Coffee & Energy Light Val	444	150
SoBe Arush (Original)	250	76
SoBe Arush Sugar Free	250	80.5
SoBe No Fear	473	143.8
Stoked Energy After Burn	473	160
Stoked Energy Dragonberry	473	160
Stoked Energy Tropical Orange	473	160
Stoked Energy Wind Chill	473	160
Xenergy Blue Pom	473	180
Xenergy Cran Razz	473	180
Xenergy Mango Guava	473	180

Sheet1

Taurine(mg)	Guarana (mg)	Ginseng (mg)	
?	21.3	591	23.7
	19.7	150	10
	14.2	394	15.8
	292	296	33
	292	296	33
?			
?			
?			
?			
	1424	142	142
	1424	142	142
	2040	10	428
	2040	10	428
	3000	0	0
	3000	0	0
None?			
	2000	0	0
	1000	0	0
	1000	0	0
	1892	0	0
	520.08	10	200
	0	0	20
	1420	0	0
	1892	0	0
	1892	0	0
	1892	0	0
	1184	50	50
	2000	20	20
	2000	0.5	0
	2000	0	0
	200	0	0
	3000	15	600
	2000	10	400
	2000	10	400
	3000	30	600
	2000	20	478
	2000	10	400
	1970.83		200
	2000	10	400
	1970	0	0
	2750	0	0
	1970.83	0	50
	1022	102	102
	1022	102	102
	1021	102	102
	1000	0	0
	1420	0	0

Sheet1

1000	0	0
50	0	0
2000	0	0
3001.88	0	0
1894	400	50
3001.88	75.26	75.26
1894	400	50
2000	50	50
3001.88	75.26	75.26
1876	47	47
1876	47	47
1000	50	0
1000	50	0
1892	96.4	0
2000	10	400
2000	10	400
2000	10	400
2000	10	400
2000	100	100
2000	100	100
2000	100	100